

**30 March 2017**

## **Daylight saving ends this weekend**

Daylight saving in South Australia comes to an end at 3am this **Sunday, 2 April**.

SafeWork SA advises turning clocks back one hour before going to bed on Saturday night.

Winding the clocks back maintains a 30-minute time difference between South Australia and Victoria, New South Wales, Tasmania and the Australian Capital Territory.

The next daylight saving period in South Australia starts on 1 October and ends on 1 April 2018.

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